Persuasive Essay

* At least 5 paragraphs
	+ Introduction
	+ Point 1
	+ Point 2
	+ Point 3
	+ Conclusion
* Final Draft:
	+ Cursive
	+ Blue or Black Ink
	+ Stapled
	+ Name, Date, Homeroom Teacher, & Persuasive Writing in Header
* Cite any sources in MLA Format
	+ <https://owl.english.purdue.edu/owl/resource/747/06/>
	+ <http://www.citationmachine.net/mla/cite-a-book/manual>
* Optional:
	+ Surveys
	+ Interviews
	+ Show data in tables or charts

Persuasive Topics

* Recess
* Zoos
	+ Set the Captives Free
	+ The Best Live Education
* Solar Panels
	+ Light Up the World
	+ Energize the Nation
	+ Saving Sunlight
* Urban Farms
* Immigration (People who come from another country…)
* Uniforms
	+ Free Expression for ALL
	+ Clones in Schools
* Black Friday & Gray Thursday
* Rodeos
* Sports in Schools
* Homeschooling
* Art in Schools
* Private School or Public School
* Private or Public Universities
* Harvard or Yale
* Rated R Movies on Public TV
* \*Lamps or Candles
* \*Taco Tuesday vs. Fajita Friday

Let’s Go Out to Play! Model Outline

1. Introduction
	1. Recess has been one of the best ideas in schools in the history of education. In this essay, I will dissect several reasons for this position and even propose counterargument to prove why recess is a valuable experience.
2. Exercise
	1. Lose weight
		1. Going outside for recess and playing with others is a great opportunity for students to fight the common risk of obesity.
	2. Build muscle
		1. Building muscles would help you practically whenever you have to pick up something that is heavy. It also would help students who play sports outside of school to excel. For example, I once had a friend who played on a local baseball league. Every day at recess, he would practice his pitching. Eventually, his arm became much stronger and his coach even commented on how much he had grown.
	3. Helps metabolism
	4. CONCLUSION: Students need exercise. Even at a young age, it is important for kids to get out and get fit.
3. Discover the World
4. Fun
5. Socialize
6. Fresh Air
	1. Everyone needs a break! Some studies have shown that people do better on a task if they are able to divide work time rather than do it all at once. In fact, Pica even supports this claim with her statement in *Why Kids Need Recess:*

Everyone benefits from a break. Research dating back to the late 1800s indicates that people learn better and faster when their efforts are distributed, rather than concentrated.

* 1. Quoted from (“Why Kids Need Recess” by Rae Pica on Pathways to Family Wellness, March 1, 2014) http://pathwaystofamilywellness.org/Children-s-Health-Wellness/why-kids-need-recess.html: Everyone benefits from a break. Research dating back to the late 1800s indicates that people learn better and faster when their efforts are distributed, rather than concentrated - See more at: <http://pathwaystofamilywellness.org/Children-s-Health-Wellness/why-kids-need-recess.html#sthash.A9zvg118.dpuf>
1. Conclusion
	1. In conclusion, recess has many benefits such as a time for students to exercise, take a break, and even develop socially among peers. Many organizations have proven with extensive research that recess is more beneficial than harmful in the lives of elementary students.